



17555 PEAK AVENUE MORGAN HILL CALIFORNIA 95037
(408) 782-0008

SENIOR ADVISORY COMMITTEE
After Action
REGULAR MEETING

JANUARY 6, 2004

Morgan Hill Civic Center
Council Chambers
17555 Peak Avenue

Senior Advisory Committee

Chair	Marilyn Gadway
Vice-Chair	William Keig
Committee Member	Kenneth Mort
Committee Member	Sharon Leonard
Committee Member	Gloria Subocz
Committee Member	Charles Swann
Committee Member	Susan Fent

Parks & Recreation Commission Liaison	Laura Hagiperos
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1:30 P.M.

CALL TO ORDER

Chair Gadway called the meeting to order at 1:30 p.m.

ROLL CALL ATTENDANCE

DECLARATION OF POSTING THE AGENDA

Per Government Code 54954.2

PLEDGE

Pledge was led by Patty Reed

OPPORTUNITY FOR PUBLIC COMMENT

None

VERBAL REPORTS

YMCA SENIOR PROGRAM MONTHLY UPDATE

Patty Reed, Administrative Manager
YMCA Senior Center

Ms. Reed reported approximately 135 seniors attended the Christmas party. Each senior received his/her own stocking, a wrapped gift and a bag of cookies. Gifts for each senior were donated by Media Arts. Carol Wood attended as a volunteer along with many other dedicated and hard working volunteers who contributed to the success of the event. Committee Member Leonard stated she heard great things about the party and she thanked Patty for her work. Ms. Reed also reported on December 26th, the Senior Center had a Minestrone Soup feed. Catholic Charities was closed for the holiday week. Ms. Reed made the soup and Carol Wood helped with the salad. The lunch was a success.

Members of the Youth Advisory Committee have volunteered to restart the Computer Co-Pilots program. This will help seniors learn more about using a computer and the Internet.

Ms. Reed passed out demographic information from the YMCA-USA. The information included statistics on Morgan Hill including population by race, age, income, gender and projections for 2007. Committee Member Fent asked how the YMCA obtained the information. Ms. Reed responded the YMCA-USA has the expertise to compile this type of information. She noted this is one the strengths of the organization.

PARKS AND RECREATION COMMISSION

Staff Balagso

Ms. Balagso reported the City Council formally approved the changes to the senior wing and youth wing of the Indoor Recreation Center in December. She announced the Sub-Committee will meet on January 20th. A model of the Indoor Recreation Center will be on display. All Senior Advisory Committee members are invited to attend. Member Subocz will attend to formally represent the Senior Advisory Committee.

Ms. Balagso provided an update on the application to the State for the construction of a new library. The Council has directed City staff to prepare and submit a Cycle III application on or before on January 16, 2004 even though the Cycle I and Cycle II applications were not successful. Ms. Balagso reported the Community and Cultural Center received an Award of Excellence in Facility Design from the California Parks and Recreation Society. This is a very competitive award process and City is very excited to receive this award. An award banquet will be held on March 12, 2004 in Anaheim.

COA ADVISORY COMMISSION

Representative Fent

None

CAG MEETING REVIEW

Representative Skinner

Ms. Skinner reported the Community Action Group (CAG) held a farewell party for Carol Wood at the December meeting. The members of CAG appreciate Ms. Wood's hard work and dedication to seniors during her tenure as Senior Center Director.

Ms. Skinner reported she is working to compile information on drug benefits for seniors. She stated there have been some recent changes in prescription benefits. For example, the Kaiser Senior

Advantage program no longer provides name brand prescriptions. She is making booklets with information from North Care, the Canadian pharmaceutical company, for any interested seniors.

CONSENT CALENDAR

1. APPROVAL OF MEETING MINUTES OF DECEMBER 2, 2003

Committee Member Subocz motioned to approve the minutes. Committee Member Mort seconded the motion. Minutes approved (7:0)

BUSINESS

2. INDOOR RECREATION CENTER – USE OF OUTDOOR SPACES

Recommended Action: Information Item. Senior Advisory Committee to discuss potential uses for outdoor spaces adjacent to and near the senior areas. Ideas and input will be forwarded to the landscape architect for consideration.

This item is a continuation of the discussion of prospective uses for outdoor spaces at the December 2, 2003 Senior Advisory Committee meeting. At that meeting, members of the Committee suggested a senior garden for those who would like to plant vegetables and plants. The garden would be maintained by senior volunteers and the City's public works department. A second suggestion was for a barbeque area in the patio area off of the multipurpose/dining room. The barbeque could be used for the Senior Nutrition Program during the summer months.

Committee Member Charles Swann expressed interest in working with the landscape architect on the design of the outdoor spaces. Staff Balagso will provide Mr. Swann with contact information for the landscape architect. Committee Member Leonard stated the Morgan Hill House has a Master Gardeners' program and that resource should be utilized. Chair Gadway stated the members of the Senior Advisory Committee possess a great deal of experience and knowledge in many areas. For example, Mr. Swann is a landscape professional. Through his background and experience, he can contribute to the landscape design of the Indoor Recreation Center.

3. CITY OF MORGAN HILL POLICY REGARDING PROGRAMS FOR SENIORS

Recommended Action: Information Item. Senior Advisory Committee will continue discussion from December 2nd meeting regarding prospective policy for seniors and use of city facilities for senior programming.

This item is a continuation from Recreation Manager, Julie Spier's, presentation to the Senior Advisory Committee at the December 2, 2003 meeting. The City Council has indicated they want to develop a formal policy for senior and youth programming in Morgan Hill. A portion of the policy will include senior and youth programs held at the Community and Cultural Center. Ms. Spier asked the members of the Committee for ideas on the type of programs that could be held at the Community Center. These programs and activities would be held during times the Center is not rented. The Recreation and Community Services staff is conducting an analysis of the days, times and room(s) the Center can be used for senior and youth programs.

Chair Gadway asked what the City would like from the Committee, (i.e. types of classes). Vice

Chair Keig stated there is only a limited amount of time youth and seniors will be able to use the Center, therefore, the availability could determine the types of activities and programs offered. Chair Gadway stated it would be difficult for the Committee to state the exact types of programs and activities that should be offered. She stated it is more appropriate for City staff to develop programs. She asked if the Children's Pavilion could be offered for programs. For example, tables and chairs could be set-up for bridge. Staff Balagso responded the Children's Pavilion could be used when not reserved or rented for classes or birthday party packages. Committee Member Fent stated programs and activities offered at the Community and Cultural Center will act as a bridge for use by seniors and youth at the Indoor Recreation Center when completed. Established programs will easily transfer over the Recreation Center.

Chair Gadway asked what the Committee could provide at this time. Staff Balagso stated the Committee could approve a resolution to the Parks and Recreation Commission and City Council in support of senior and youth programming at the Community and Cultural Center. The Committee approved the resolution below:

Resolved, the Senior Advisory Committee supports the City Council's decision to develop formal policies regarding programs for seniors and youth in Morgan Hill. The Committee also supports the Council's direction to City staff to identify days, times and rooms at the Community and Cultural Center that can be dedicated for use by seniors and youth

Motion to approve made by Committee Member Subocz, seconded by Committee Member Mort.
Motion approved (7:0).

4. **INTERGENERATIONAL ACTIVITIES WITH YOUTH ADVISORY COMMITTEE**
Recommended Action: Information Item. Committee Member Leonard to provide update on potential intergenerational activities.

Committee Member Leonard distributed a list of potential intergenerational activities along with the number of votes each received at the November 2003 meeting. The following are the activities which scored highest:

- 1) Interview Activity
- 2) Birthday Cards for residents of nursing homes

She asked the group to recommend the activities the Senior Advisory Committee would support and she will forward them to the Youth Advisory Committee. Chair Gadway asked Vice Chair Keig for a status report on the Oral History Project. Mr. Keig stated the project is on the back burner at this time due to lack of funds and an organized fund raising effort. Chair Gadway stated that although the project is not funded, youth could interview seniors as part of a class project or other activity. This could be coordinated with individual teachers.

Chair Gadway added that computer instruction by youth for seniors is already taking place at the Senior Center through the Compute Co-Pilots program. She suggested this activity be added to the list of prospective activities to be forward to the youth.

Committee Member Leonard stated the Cornerstone Project holds an annual intergenerational event, which usually consists of physical work (painting, planting etc.) and non-physical activities such as putting gift baskets together and helping with meals on wheels. She asked the members of the

Committee if there was any interest in this type of activity. Chair Gadway responded the Committee would probably support an annual event, but the other activities should be conducted first. Committee Member Fent asked if any outcomes for participating youth had been developed. She stated the outcomes should be developed prior planning the activity. She asked if the Cornerstone Project was intended to provide youth with an emotional attachment to seniors or if it was meant to provide exposure. Committee Member Leonard stated the first outcome would be to provide youth with exposure to seniors. Chair Gadway stated the reading program at Britton Middle School is a good example of an intergenerational activity. The program continues to grow with both senior and non-senior volunteers.

Chair Gadway stated the goals of the activities for both seniors and youth should be developed. Committee Member Leonard stated one goal should be the start of communication between the two groups. Vice Chair Keig stated a first draft of the goals for youth could be the following:

- 1) Provide youth with an opportunity to experience the joy of giving
- 2) Provide youth with an opportunity to improve the community
- 3) Provide youth with an opportunity to improve the morale of seniors

Committee Member Fent added these activities will improve the morale of youth too and will open the door to develop shared interests. Ms. Fent asked Ms. Leonard the ages of the participating youth. Ms. Leonard responded the youth are primarily in junior high but there will also be high school students. Ms. Fent stated older youth would be more interested in an in-depth experience vs. a one-time exposure to working with seniors.

Vice Chair Keig asked if the following are the three activities the Senior Advisory Committee would like to forward to the youth: 1) Birthday Cards; 2) Interview Activity; and 3) Intergenerational Service Day. Committee Member Fent added the interview activity could be incorporated into a civics class. Chair Gadway then asked Vice Chair Keig to provide a brief background on the Oral History Project. Mr. Keig explained the history of the Oral History Project and the groups he worked with to begin planning the project. Committee Member Leonard stated the working with individual teachers rather than the school might be more effective.

Committee Member Leonard asked if the group was ready to provide a list of activities to the youth. Chair Gadway stated the group was ready to provide the list of activities, but she did not want to provide specific input on each. She did not want to prohibit the youth from providing input/feedback on each activity. Committee Member Leonard will forward the list to Staff Balagso who in turn, will forward it to Chiquy Schoenduve, staff liaison to the Youth Advisory Committee.

5. **CALIFORNIA SENIOR LEGISLATURE - SANTA CLARA COUNTY NEWS**
Recommended Action: Information Only. Hand out monthly legislative update from California Senior Legislature.

Staff Balagso announced she did not receive the newsletter this month.

ANNOUNCEMENTS

Committee Member Subocz announced the Indoor Recreation Center Sub-Committee will meet on January 20th. A model of the Center will be on display. Representatives from the architectural firm and City staff will be available to answer questions. All members of the Senior Advisory Committee are invited to attend.

REQUESTS FOR FUTURE ITEMS

Inter-Generational Activities

Tutoring Program at Jackson School

ADJOURNMENT to the next monthly meeting schedule on **February 3, 2004 at 1:30p.m at City Hall.**

Vice Chair Keig moved to adjourn the meeting. Committee Member Mort seconded the motion. Motion approved (7:0).